



From Lament to Hope -

Through Lent, we acknowledge that Jesus has known pain, despair, grief & death – and know that he is still standing with us in our lives, in our journey to & beyond the cross.

Take some time each week to meditate on the Psalm, allowing God to speak through specific words or phrases as you read and reread the words of the Psalmists, and allow their lament & hope speak God's words of life to you.

Psalm 24:1-10 (NRSV)

<p>Psalm 24 <i>Entrance into the Temple</i> Of David. A Psalm.</p>	<p>⁶ Such is the company of those who seek him, who seek the face of the God of Jacob. <i>Selah</i></p> <p>⁷ Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.</p> <p>⁸ Who is the King of glory? The LORD, strong and mighty, the LORD, mighty in battle.</p> <p>⁹ Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.</p> <p>¹⁰ Who is this King of glory? The LORD of hosts, he is the King of glory. <i>Selah</i></p>
<p>¹ The earth is the LORD's and all that is in it, the world, and those who live in it;</p> <p>² for he has founded it on the seas, and established it on the rivers.</p> <p>³ Who shall ascend the hill of the LORD? And who shall stand in his holy place?</p> <p>⁴ Those who have clean hands and pure hearts, who do not lift up their souls to what is false, and do not swear deceitfully.</p> <p>⁵ They will receive blessing from the LORD, and vindication from the God of their salvation.</p>	



■ What words or phrases stand out to you as you read Psalm 24:1-10?

Read it again, maybe aloud.

■ What have you learned about Who God Is in the words of the Psalm?

■ What is God speaking to you about today?



Please take some time with this Psalm & respond in prayer in the space provided below.

